

## PRE-DEPARTURE CHECKLIST

### Sailboards & Kiteboards



#### TRIP PREP:

- Marine Weather Forecast
- Float Plan
- Ensure Experience Level Meets Expected Conditions

*Leave float plan with a responsible person.*

#### **Experience:**

- *Be knowledgeable on how to right your craft should it capsize*

#### PACK:

- Lifejackets / PFDs
- Safety Equipment
- Marine Charts
- Good to Have Items

***Inflatable PFDs must be worn to be legal. Kiteboarders and sailboarders should not wear a PFD that is fitted with an automatic inflator.***

*Safety equipment available at local Marine Retailers, Canadian Tire or Recreational Retailer.*

#### **Good to have:**

- *Sunscreen and thermal protective clothing appropriate for the water temperature*
- *Snacks and water*
- *Compass, Portable Marine Radio*

#### **Be sure to:**

- *Secure loose items*
- *Protect moisture-sensitive items in waterproof containers*

#### INSPECT:

- Board for cracks
- Condition of sail or wing

#### BRIEF PASSENGERS:

- Wear Lifejacket / PFD
- Duties including Keeping Watch
- Location/Use of Safety Gear

#### ON WATER:

##### **Watch for:**

- Hazards / Other Boats
- Cloud, Wind / Wave Changes

*If a portable marine radio is available, check periodically for updated marine weather forecasts.*

*Watch for hazards, approaching storms and wakes from other boats*

#### END OF TRIP:

- Close Float Plan